Full Instruments Available in:


Note: page numbers refer to the actual test instrument, but the preceding brief discussion of the test should be read as well. This book also contains sample items of other tests.

**Measures of Hope and Optimism:**

- *Children’s Hope Scale (CHS)* Snyder, et al., 1997. pp.52-53
- *Integrative Hope Scale (IHS)* Schrank et al., 2010. p.59
- *Positive and Negative Expectancy Questionnaire for the Assessment of Personal Optimism and Social Optimism - Extended (POSO-E)* Schweizer & Koch, 2000. p.67
- *Cancer Patient Optimism Scale (CPOS)* Radwin et al., 2005. p.69
- *HIV Treatment Optimism Scale (HIV-TOS)* Van de Ven et al., 2000. pp.70-71

**Measures of Life Satisfaction Across the Lifespan**

- *Quality of Life Index (QLI)* Ferrans & Powers, 1985, 1992. p.110
- *Extended Satisfaction with Life Scale (ESWLS)* Alfonso et al., 1996. pp.114-115
- *Abbreviated Quality of Life Enjoyment and Satisfaction Questionnaire (Q-LES-Q-18)* Ritsner et al., 2005 p.118
- *Life Satisfaction Index for the Third Age (LSITA)* Barrett & Murk, 2006. p.120
- *Students’ Life Satisfaction Scale (SLSS)* Huebner, 1991. p.122
- *Perceived Life Satisfaction Scale (PLSS)* Adelman et al., 1989. p.124

**Measures of Self-Esteem**

Measures of the Trait of Confidence

Individual Learning Profile (ILP) Pulford & Sohal, 2006. pp 165-166
Trait Robustness of Self-Confidence Inventory (TROSCI) Beattie et al., 2011. p.172
Mathematics Self-Efficacy Scale (MSS) OECD, 2005. p.176
Proverbs Matching Test (PMS) (Subtest from Stankov's Test of Cognitive Abilities (STOCA)) 2003. pp.180-182

Measures of Affect Dimensions

Positive and Negative Affect Schedule - Expanded Form (PANAS-X) Watson & Clark, 1999. p.200
Multidimensional Mood State Inventory (MMSI) Boyle, 1992/2012. pp 209-211

Measures of Coping of Psychological Well-Being

Mainz Coping Inventory (MCI) Krohne, 1993. pp.331-332

Measures of Sensation Seeking

Impulsive Sensation Seeking Scale (ImpSS) (from ZKPQ 69-item short form) Aluja et al., p. 364.
Brief Sensation Seeking Scale (BSSS) Hoyle, et al., 2002. P.377
**Measures of Ability and Trait Emotional Intelligence**

- Trait Emotional Intelligence Questionnaire (TEIQue) (Short Form) Petrides, 2001, 2009. p. 400

**Measures of Adult Attachment and Related Constructs**

- Adult Attachment Scale (AAS) Collins, 1996; Collins & Read, 1990. p.422
- Attachment Style Questionnaire (ASQ) Feeney et al., 1994. p.426
- Adult Attachment Questionnaire (AAQ) Simpson et al., 1996. p.428
- Experiences in Close Relationships - Revised (ECR-R) Fraley et al., 2000. p.432
- Experiences in Close Relationships - Relationship Structures Questionnaire (ECR-RS) Fraley et al., 2011. P.434
- State Adult Attachment Measure (SAAM) Gillath et al., 2009. p. 436
- Pet Attachment Questionnaire (PAQ) Zilcha-Mano et al., 2011 p. 438
- Caregiving System Scale (CSS) Shaver et al., 2010. pp. 440-441
- Social Support Scale Based on Attachment Theory (SSS) Frias et al., 2014. pp. 442-443
- Power Behavioral System Scale (PBSS) Shaver et al., 2011. p. 445

**Measures of Concerns with Public Image and Social Evaluation**

- Public Self-Consciousness Scale (PuSC) Scheier & Carver, 1985. p. 452
- Self-Monitoring (SM) Scale Snyder & Gangestad, 1086. p. 454
- Social Physique Anxiety Scale (SPAS) Hart et al., 1989. pp. 462-463
- Susceptibility to Embarrassment Scale (SES) Kelly & Jones, 1997. p. 464
- Self-Presentation Tactics Scale (SPTS) Lee et al., 1999. pp. 466-468
- Impression Management Styles (IMS) Bolino & Turnley, 1999. p. 470
**Measures of Forgiveness: Self-Report, Physiological, Chemical and Behavioral Indicators**

- Decisional Forgiveness Scale (DFS) and Emotional Forgiveness Scale (EFS) Worthington et al., 2007. p. 486
- Trait Forgiveness Scale (TFS) Berry et al., 2005. P. 495

**Measures of Values and Moral Personality**


**Measures of Religiosity**

- Attachment to God Scale (AGS) Rowatt & Kirkpatrick, 2002. p. 533
- Trust/Mistrust in God Scale (TMGS) Rosmarin et al., 2009, 2011. p. 535
- Daily Spiritual Experiences Scale (DSES) Underwood & Teresi, 2002. P. 537
- Religious Coping Index (RCI) Koenig, 1994; Koenig et al., 1992. p. 539
- Religious Coping Scale (RCOPE) (brief) Pargament et al., 2000; Pargament et al., 1998. p. 541
- Religious History Scale (RHS) (short form) George, 1999. p. 543
- Duke University Religion Index (DUREL) Koenig et al., 1997 p. 545
- Springfield Religiosity Scale (SRS) (abbreviated) Koenig et al., 1988. pp. 547-548
- Jewish Religious Coping Scale (JCOPE) Rosmarin et al., 2009. p. 551
- Muslim Religiosity Scale (MRS) Koenig et al, 2013. pp. 552-553
- Santosh-Francis Cale of Attitude towards Hinduism (SFSAH) Francis, et al., 2008. pp. 554-555

**Measures of Dark Personalities**

- Dirty Dozen (DD) Jonason & Webster, 2010. p. 567
- Short Dark Triad (SD3) Jones & Paulhus, 2014. p. 569
- Trimmed Machiavellianism Scale (MACH*) Rauthmann, 2013. p. 571
- Mach VI Jones & Paulhus, 2008; 2009. p. 572
- Narcissistic Admiration and Rivalry Questionnaire (NARQ) (brief) Back et al., 2013. p. 576
- Supernumery Personality Inventory - Egotism Scale (SPI) Paunonen, 2002. p. 578
- Psychological Entitlement Scale (PES) Campbell et al., 2004. p. 579
- Communal Narcissism Inventory (CNI) Gebauer et al., 2012. p. 580
Egoism Scale (ES)  Weigel, Hessing, & Ellfers, 1999. p. 582
Short Sadistic Impulse Scale (SSIS)  O’Meara et al., 2011. p. 584
Varieties of Sadistic Tendencies (VAST)  Paulhus, Jones, Dutton, & Klonsky, 2011. p. 585
Sensational Interests Questionnaire (SIQ-R)  Egan et al., 1999. p. 587
Amoralism Scale (AMRL-9) (Brief English Version)  Knezevic, 2003; Knezevic et al., 2008. p. 589

Measures of Perfectionism

Frost Multidimensional Perfectionism Scale (FMPS)  Frost et al., 1990. pp. 600-601
Perfectionism Cognitions Inventory (PCI)  Flett, Hewitt, Blankstein & Gray, 1998. pp 610-611
Perfectionistic Self-Presentation Scale (PSPS)  Hewitt et al., 2003. pp. 613-614

Measures of Cross-Cultural Values, Personality and Beliefs

Horizontal and Vertical Dimensions of Individualism and Collectivism  Triandis, 1995; Triandis & Gelfand, 1998. p. 639
Social Axioms Survey (SAS)  Leung et al., 2002; Leung et al., 2012. p. 646
Tightness and Looseness Scale (T&LS)  Gelfand et al., 2011. p. 648

Measures of Intergroup Contact

General Intergroup Contact Quantity and Contact Quality (CQCQ)  Islam & Hewstone, 1993. p. 656
Cross-Group Friendships (CGF)  Turner et al., 2007. p. 658
Extended Contact via Work Colleagues, Neighbors, Friends, and Family Members  Tausch et al., 2013. p. 660
Negative Experiences Inventory (NEI)  Stephan et al., 2000. p. 663
Valenced Contact (VC)  Barlow et al., 2012; Pettigrew, 2008. pp. 665-666
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Feeling Thermometer (FT)  Converse et al., 1980. p. 676
General Evaluation Scale (GES)  Wright et al., 1997. p. 679
Measures of Stereotyping and Prejudice: Barometers of Bias

Stereotype Content Model (SCM)  Fiske et al., 2002.  pp. 690-691
Symbolic Racism Scale (SRS)  Henry * & Sears, 2002.  p. 693
Indirect Priming Measure of Racism  Fazio et al., 1995.  p. 698
Aversive Racism Measure  (Dovidio et al., 1986.  p. 700
Modern Sexism Scale (MSS)  Swim et al., 1995.  p. 702
Neosexism Scale (NS)  Tougas et al., 1995.  p. 704
Ambivalent Sexism Inventory (ASI)  Glick & Fiske, 1996.  p. 707
Fraboni Scale of Ageism (FSA)  Fraboni, et al., 1990.  p. 709